



The Six Journey Questions

What Calls Me To This Particular Journey At This Exact Time In My Life?

What significant events are presently taking place in my life? What kinds of transitions am I facing right now?

What Within Me am I Journeying For?

What place within me do I long to know better or need to know more fully about myself? What kind of passage do I need to undertake for myself?

What Is the Greatest Obstacle Or Threat That I Am Currently Facing In My Life?

What within me is holding me back from living the life I feel matters to me? What is the specific obstacle or fear that keeps me from what I most desire or need to live fully?

What Is My Greatest Strength And How Am I Currently Using It In My Life?

What particular asset or character trait within myself can I draw from and rely on when life becomes difficult? What is a higher aspect of myself? How am I presently making use of this strength or trait in my life? How can I engage with this strength to be of service to my sister journeyers?

How Do I Need To Be Supported On My Mountain Journey?

In what ways am I opened to receiving and being supported, and in what ways do I have difficulty being supported?

How Do I Need To Be Challenged On My Journey Intensive?

How do I feel about being encouraged and challenged to go where I haven't gone before? How am I open to life challenges and how do I have difficulty with challenges?