



HERO'S JOURNEY®
FOUNDATION

COVID HEALTH POLICIES & PRACTICES FOR THE FALL IMMERSION WEEKEND

We intend to follow the guidelines currently utilized by the *Experience Learning* organization. It is our current and best understanding that the most significant vector for virus transmission is *shared indoor air*. As such, we will do our best to see that participants spend as much time outdoors as possible. All of the requirements in this document reinforce that basic understanding.

- Masks are expected in all shared indoor spaces, including vehicles.
- As *Hero's Journey Foundation* participants, we will use the Bathhouse as gender-separate, without the use of one-way traffic.
- Handwashing and/or hand sanitizer stations will be installed at each building entrance. Please make frequent use of these conveniences.
- As stated previously, we intend adhere to the protocol of wearing masks while indoors. *An exception may be made when a person is in a deep emotional process and desires/needs close physical contact and support.*

In such situations, it will require the consent of any individuals involved, and it will be each group member's personal choice to come close or remain at a 6-ft distance.

- We will send you a COVID Protocol Questionnaire three days prior to the start of the HJAP training week. **You must complete this questionnaire before arriving on the mountain in West Virginia.**

Thank you for your thoughtfulness and diligence in being attentive to our collective health and wellbeing.