

LIFEBRIDGE SANCTUARY GUEST GUIDE

THINGS TO BRING

Comfortable and cozy clothing
Warm clothing: sweaters/shawls (evenings can be chilly)
Slippers
Walking shoes
Flashlight
Toiletries
Notebook and pen
Umbrella
Insect repellent
Laptop
Re-usable water bottle

IN THE WINTER:

Boots to handle snow or ice, as there may be quite a bit on the ground
Warm hat, scarf and gloves are helpful for outdoor activities

BUSINESS CENTERS

Office supplies and services
PDQ Business Center 8 New Paltz Plaza (845) 255.5500
Staples 1399 Ulster Ave Kingston (845) 336.0386

GROCERIES AND SUNDRIES

Shop Rite 263 Main St., New Paltz 12561 (845) 255.5015
My Town Market 3852 Main St., Stone Ridge 12484 (845) 687.2214
My Town Market 1155 NY – 32 Rosendale, NY 12472 (845) 658.3663
Davenport Farm Stand 3411 Main St Stone Ridge 12484 (845) 687.0051
High Falls Food Co-op State Rte 213 and Lucas Ave. High Falls 12440 (845) 687.0595
Rite Aid Pharmacy 3852 Main St, Stone Ridge 12484 (845) 687.7804
Stone Ridge Wine and Spirits 3852 Main St., Stone Ridge 12484 (845) 687.7125

PHONES: Cell phones work at the Sanctuary. You may use our land line phone located in the Main Lobby, Kitchen or Library. No International calls from the land line.

COMPUTERS: The Sanctuary is equipped with wireless service available to all guests free of charge. There is no office equipment or office services available at the Sanctuary.